

The Winter Garden

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2025

How cold does your garden get? How windy is your garden?

Amendments you can add to soil

Compost

Humate (soil conditioner from ancient plant beds)

Granulated gypsum (soil conditioner from ancient shell beds)

Azomite (rock dust)

Worm castings

Organic fertilizer

Coconut coir (for containers and boxes)

Bio char (purchase from Gobio, text:801-870-2465, email: green@gobiochar.com)

etc

Prepare the hot garden bed or container

1. Remove 4"- 6" of soil,
2. Add 3-6" of fresh manure or grass clippings. (No dog or cat poop)
3. Cover with 3-6" of soil
4. Plant seeds, water
5. The garden must be covered by the 3rd week of October

What Seeds Can You Plant in September - Early October

Caleb Warnock's List

Paris Market Carrots

Scarlet Nantes Carrots

Danvers Carrots

Cascadia Peas

Golden Sweet Snow Peas

Caleb's Winter Fine Fettle Greens

Vernal Red Orach

Collard Vates

Americana Spinach

Buttercrunch Lettuce

Green Oak Leaf Lettuce

Grand Rapids Lettuce

Marvel of Four Seasons Lettuce

Chinese Cabbage Michihili

Mizuna Salad Greens

Pak Choi or Tai Salad Greens

Osaka Purple Mustard

Chioggia Beets

Rutabaga Laurentian

Other Vegetable That I Plant

Baby Bok Choy

Shanghai Bok Choy

Garlic

Chinese Broccoli

Cilantro

Kale

Swiss Chard

Corn Salad Greens

Reference

1. The Forgotten Skills of Self-Sufficiency, used by the Mormon Pioneers, Caleb Warnock, 2011
2. Backyard Winter Gardening, Vegetables fresh and simple, in any climate, without artificial heat or electricity — the way it's been done for 2,000 years, Caleb Warnock, 2013
3. Geothermal Greenhouse Tour by Caleb Warnock, YouTube video
4. Backyard Wintergarden Tour with Caleb Warnock, YouTube video
5. SeedRenaissance.com

Some Garden Tips

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Soil Mix For Containers

1 part Compost

1 part Coconut Coir

1 part Vermiculite

Other amendments: humate, bio char, azomite (rock dust), worm castings, peat, composted manure, kelp

DIY Garlic Bug Spray

To make a homemade garlic spray, blend 3 garlic cloves with a cup of water, let it steep overnight in a sealed containers and then strain the mixture. Dilute this concentrate with more water and add a few drops of liquid dish soap to help it adhere to the plants. Spray on plants to deter pests and some animals, reapplying after rain or every few weeks, and be careful to wash edible plant thoroughly before consumption.

Slug and Snail

Do Not Smash it will release a thousand eggs into your garden.

Buy an organic slug and snail bait and sprinkle around the affected area.

Or

Sprinkle soil with diatomaceous earth (powdered dust made from ancient seashell bed), it will kill slugs, snails, and other creepy crawly bugs

Or

Collect them and throw them on the road. Cars will smash them and the heat of the road will kill the thousand eggs in the snail.

Flowers That Help in the Garden

1. *Nasturtiums* attracts aphids away from garden plants.
2. *4 o'clocks* kill the Japanese Bean Beetle; I found that it also helps control the squash bug.
3. *Sunflowers* attract pollinators to the garden, attract pest bugs away from garden, and absorbs radiation.

Garden Box Wood Sealer

The brand that we use is GARDEN BOX ARMOR plant based garden bed sealer, non toxic and organic

Apply to wood with a paint brush to help prevent wood rot.

We found it at [amazon.com](https://www.amazon.com)

BUG SPRAY RECIPE

******(SPRAY EVERY 10 DAYS)*****

FOR 1 GAL SPRAYER: FIRST FILL SPRAYER WATER TO 1 GALLON LEVEL, THEN ADD OTHER INGREDIENTS. ALL ITEMS CAN BE PURCHASED AT IFA EXCEPT BLUE DAWN

EARLY SPRING

1 TBS BLUE DAWN ULTRA: STRIPS BUGS OF OILS AND WAXES AND CAUSES DEHYDRATION

1 TBS NEEM OIL: (FROM THE BARK OF THE NEEM TREE IN INDIA) ACTS AS A REPELLENT, INTERRUPTS HORMONAL PROCESSES, PREVENTS FUNGAL GROWTH, CAN KILL MANY DISEASES AND VIRUSES

¼ CUP EPSON SALT: DISCOVERED IN THE 1500 HUNDREDS, MADE OF MAGNESIUM SULFATE, MAGNESIUM HELPS PHOTOSYNTHESIS, SULFATE MIXED WITH WATER MAKES SULFURIC ACID. PLANTS LIKE ACIDIC SOILS.

1 OZ (2 TBS) BACILLUS THURINGIENSIS or BT: ALSO CALLED CATAPILLER KILLER, BLOCKS THE SYSTEM THAT PROTECTS THE BUGS STOMACH LINING ALLOWING THE DIGESTIVE JUICES TO LEAK KILLING THE BUG, SAFE FOR BIRDS AND BEES.

MID SPRING

1 TBS BLUE DAWN ULTRA DISH SOAP:

1 TBS NEEM OIL

¼ CUP EPSON SALTS

4 TBS SPINOSAD: (DISCOVERED IN AN ABANDONED RUM DISTILLERY), LIKE BT ANOTHER SOIL BACTERIA, CAUSES THE INSECTS MUSCLES TO FLEX ALL AT THE SAME TIME CAUSING A HEART ATTACK.

LATE SPRING

1 TBS BLUE DAWN SOAP

1 TBS NEEM OIL

¼ CUP EPSON SALTS

1 OZ FERTIOM TRIPLE ACTION INSECTICIDE, FUNGICIDE,

MITICIDE :2 OZ IF BUGS ARE REALLY BAD: MADE FROM CHRYSANTHEMUM BLOSSOMS. CAUSES EXTICED BEHAVIOR AND INSECTS WILL NOT EAT OR MATE

EARLY SUMMER REPEAT MID - SPRING RECIPE

MID-SUMMER REPEAT LATE SPRING RECIPE